



PACKING TIPS

- Pack lightly and label your luggage with your name and address. Each student must be able to carry their own luggage.
- Each individual is responsible for their own belongings during the entirety of their trip.
- Please do not bring anything of value.
- **Medication:** If a student is on prescription medication, please make sure it is in the original prescription container, and the chaperone(s) is notified prior to the trip. Over-the-counter medication may be brought at the parents' discretion.
- **Medical Issues:** Advise the chaperone(s) of any medical issues including allergies and asthma related issues prior to the trip.

SUGGESTED ITEMS TO BRING

- Comfortable Walking Shoes (this is a must)
- Windbreaker / Waterproof Jacket (depending on season of travel)
- Season-appropriate clothing (one set per day)
- Pajamas
- Undergarments
- Socks
- Swimsuit (at the discretion of the trip chaperone)
- Toiletries / Personal Hygiene Products (deodorant, toothbrush, toothpaste, hairbrush, feminine products, band aids)
- Cellphone and Charger
- Camera

- Small Backpack or Daypack
- Sunglasses
- Sunscreen
- Spending Money (for souvenirs and snacks)
- Snacks (for bus or plane ride)
- Water Bottle

TRIPS WITH AIR TRAVEL

- Valid Government-issued Photo REAL I.D. for all travelers over 18 years of age at the time of travel.
- TSA restricts the amount of liquids or gels that can be packed in carry-on bags. You may bring a single one-quart sized zip-top clear plastic bag with 3.4-ounce bottles or less.
- Checked Baggage/Luggage Fees: You will need to pay for any checked bags directly at the airport.
 - These fees are not included in the IST Campus Tours trip package/price.
 - Once you receive your flight details, visit your airline's website to confirm luggage fees.
 - Baggage/Luggage fees can only be paid by physical debit card/credit card or prepaid credit card. Mobile pay apps, such as Apple or Google Pay, are not typically accepted at the ticket counter.
- We suggest placing a photocopy of your **photo-ID** and your phone number inside your checked luggage (keep your original **photo-ID** on your person).